WILLIAM YEOWARD

EVERYDAY ADVENTURES

£12.50

Description

Re-Discover Wonder and Excitement!

As grown-ups, one of our deepest urges is for life to be more adventurous: a little more excitement, novelty, interest and passion. Unfortunately, many adventures seem out of reach for us. What we therefore badly need is access to smaller, more pocket-sized adventures or 'Everyday Adventures' – from something tiny like eating an unfamiliar fruit from the market to rereading your favourite book to asking a parent what they were like as a teenager.

Let these cards act as a springboard to ignite your imagination, revive the spirit and motivate yourself towards the slightly more adventurous life you long for.

Adventures include:

• Write down five questions you wish someone else would ask you; ask them of someone else.

• Set your alarm before sunrise and go for a walk.

• Complete the sentence: 'If I wasn't afraid of failure, I would...' Tell a friend your answer.

• Make something nice out of beetroot.

60 cards containing prompts and suggestions.

Additional Information

Depth	3.4cm
Height	7.15cm
Width	10.2cm

Product Images